

## UNLOCK THE POTENTIAL

### Real World HeartLogic™ Workflows

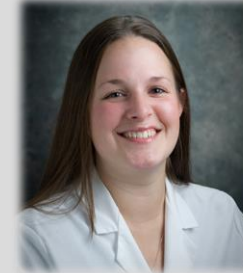
**Clinic:** Sanger Heart & Vascular Institute – Atrium Health

**Hospital Affiliation:** Atrium Health System

**Location:** 20+ locations in the Charlotte, NC & surrounding area

**283 HeartLogic Patients<sup>1</sup>**

- 10% of HL patients in Alert (active alert-based management)
- 90% of HL patients out of Alert (standard remote monitoring schedule)
- 92% of HL patients regularly remotely transmitting physiologic data



**Atrium Health**

Sanger Heart & Vascular Institute

**Meghan Emig, MPAS, PA-C**  
 Director of Advanced Practice, Sanger  
 Heart & Vascular Institute  
 Assistant Vice President, Heart Failure  
 and Transplant Services

### About Meghan Emig & Sanger Heart & Vascular Institute<sup>2</sup>

*Meghan Emig, MPAS, PA-C, is the Assistant Vice President of Heart Failure at Carolinas Medical Center. Meghan is a certified physician assistant with more than 15 years of cardiac care experiences and specializes in the management of patients with advanced heart failure. Meghan leads teams of APP's, nurses, social workers, pharmacists, and certified medical assistants along with being the Co-chair of Atrium's Heart Failure Continuum of Care Committee and co-leading the Heart Failure readmission reduction and quality work across 9 facilities.*

*Sanger Heart & Vascular Institute of Atrium Health provides a variety of care and treatment options across the Carolinas, with over 100 experts across 20+ locations. They provides solutions for every heart and vascular condition, plus education and support programs.*

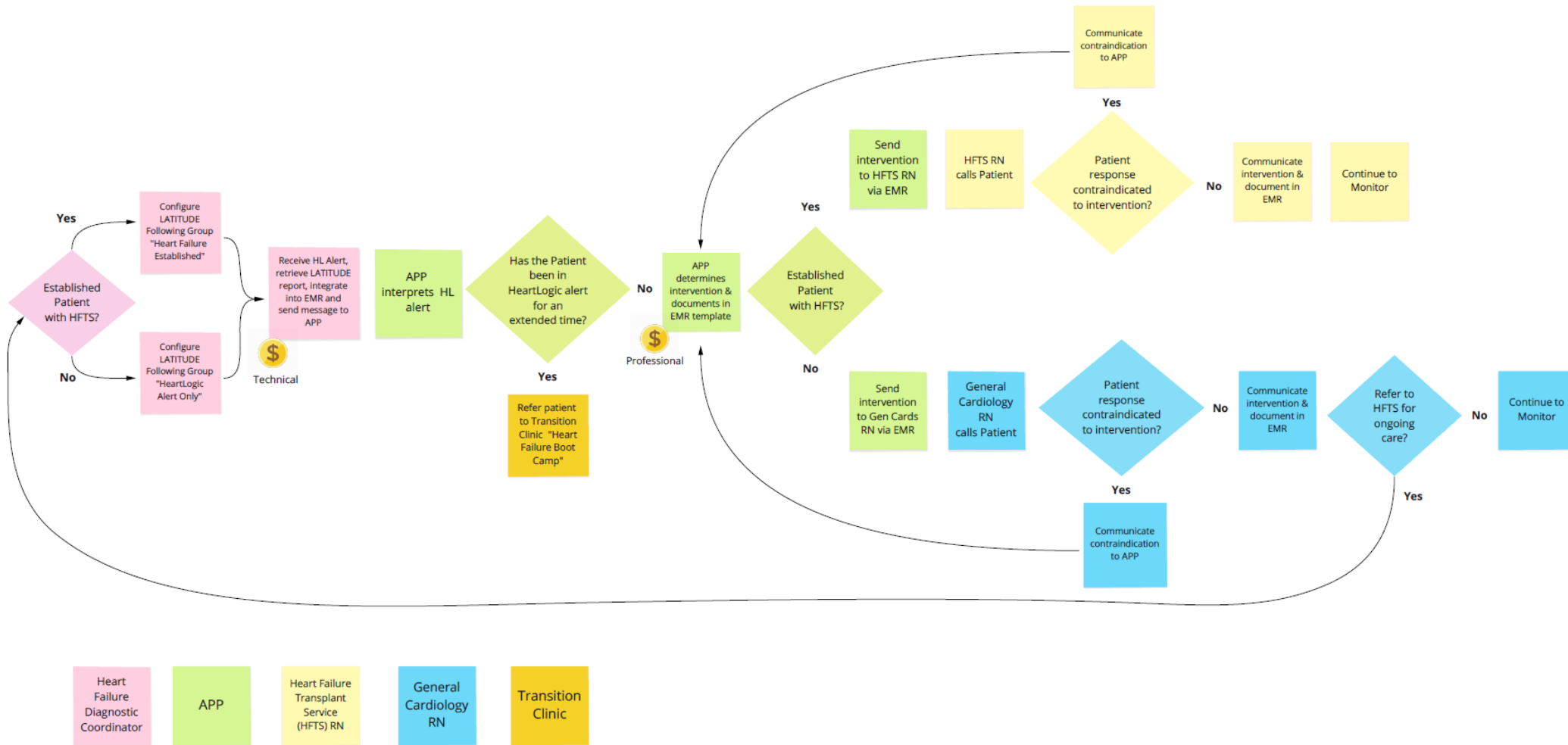
### HeartLogic Program Overview

*The Sanger Heart Failure Transplant Service (HFTS) team quickly identified the opportunities an alert-based designated workflow could provide. They initially focused small, with a pilot program with a subset of their patients. With early wins preventing acute Heart Failure events and key learnings along the way, they are now actively scaling their HeartLogic program where 2/3 of all of Atrium Health's HeartLogic devices are integrated into their workflow. The goal by 2021 is to have that number at 100%. Long term, Sanger Heart & Vascular Institute seeks to leverage the HeartLogic workflow template they've established to enable a standardization across all device-based patients (non-HeartLogic included) seeking to impact quality of life, re-admissions, and overall clinic efficiency. Future state includes the goal to expand the Heart & Vascular Institute's diagnostics program to patients who are not currently benefiting from pro-active remote diagnostics.*

### Meghan Emig's Top 3 Pieces of Advice for a Successful HeartLogic Workflow

1. Collaborate! Collaborate! Collaborate! - between clinics, specialties, and roles
2. Identify your own institution's HeartLogic champion who knows the technology and its value to your patients
3. A predictive & proven alert-based diagnostic = efficient resource utilization = ability to do more!

## Sanger Heart & Vascular Institute's HeartLogic Workflow



Workflows, Processes, Proposed Intervention, & Results from HeartLogic Workflows are not necessarily predictive of results in other situations and may vary.  
 Workflow depicted above documented on October 2020



**Heart Failure Diagnostic Coordinator:**

The HFDC is an administrative role who receives the HeartLogic Alerts via an e-mail from LATITUDE NXT™, retrieves the Heart Failure Management Report, integrates the report into their EMR, and sets a patient follow-up schedule. These administrative steps free up the Advanced Practice Provider (APP) team to diagnose and treat.



**Heart Failure Advanced Practice Provider:**

A designated HF APP interprets the HeartLogic data and assesses the intervention (if needed) for the unique condition of the patient. Their expert recommendation is shared with the patient’s care team (Heart Failure following team and/or general cardiologist team) who has the relationship and responsibility to communicate the intervention to the patient.



**Registered Nurses (HF or GC):**

The RN’s have the primary responsibility to communicate the intervention to the patients. RN’s provide a check & balance for any contraindication related to the intervention and work collaboratively with the HF APP.



**Transition Clinic – “Heart Failure Boot Camp”**

If a particular patient spends an extended time in a HeartLogic alert state, the HF APP refers this high-risk patient to their Transition Clinic. This multi-disciplinary care team provides frequent patient touch-points, education, and focused medication titration within guideline directed medical therapy. The team includes a social worker, pharmacist, RN, and APP.

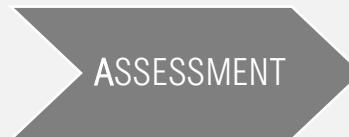
**The Power of Collaboration**

To take HeartLogic from a pilot program to a key diagnostic solution, Sanger Heart & Vascular Institute held a multi-day rapid workflow redesign session with key stakeholders across their health care system (Administration, HF, EP, GC, APP, Technicians), the Boston Scientific local field team, and a dedicated Boston Scientific HeartLogic Implementation Program team. Meghan Emig and Dr. Sanjeev Gulati, MD, FACC were the champions and change-agents for the new workflow design.

**The 3A Process for Sanger Heart & Vascular Institute**



*HeartLogic alerts are triaged by the Heart Failure and Transplant Service.*



*Interpretation and assessment derived from the HeartLogic data is performed by an APP with expertise in Heart Failure.*



*The action is determined by the HF APP, who coordinates with the patient’s primary cardiology team (RN & MD). The RN communicates the recommended intervention using a standardized protocol.*

CRT-D Systems –RESONATE™HF, RESONATE™HF, RESONATE™X4, VIGILANT™X4, MOMENTUM™HF, MOMENTUM™X4, MOMENTUM™X4

#### INDICATIONS AND USAGE

These Boston Scientific Cardiac Resynchronization Therapy Defibrillators (CRT-Ds) are indicated for patients with heart failure who receive stable optimal pharmacologic therapy (OPT) for heart failure and who meet any one of the following classifications: Moderate to severe heart failure (NYHA Class III-IV) with EF ≤ 35% and QRS duration ≥ 120 ms; or left bundle branch block (LBBB) with QRS duration ≥ 130 ms, EF ≤ 30%, and mild (NYHA Class II) ischemic or nonischemic heart failure or asymptomatic (NYHA Class I) ischemic heart failure

#### CONTRAINDICATIONS

There are no contraindications for this device.

#### WARNINGS

Read this manual thoroughly before implantation to avoid damage to the pulse generator and/or lead. For single patient use only. Do not reuse, reprocess, or resterilize. Always have external defibrillation equipment available during implant and electrophysiologic testing. Ensure that an external defibrillator and medical personnel skilled in CPR are present during post-implant device testing should the patient require external rescue. Do not use defibrillation patch leads with the pulse generator system. Do not use this pulse generator with another pulse generator. Program the pulse generator Tachy Mode(s) to Off during implant, explant, or postmortem procedures. Do not kink, twist, or braid the lead with other leads. For leads that require the use of a Connector Tool, use caution handling the lead terminal when the Connector Tool is not present on the lead. Do not directly contact the lead terminal with any surgical instruments or electrical connections such as PSA (alligator) clips, ECG connections, forceps, hemostats, and clamps. Do not contact any other portion of the DF4–LLHH or DF4–LLHO lead terminal, other than the terminal pin, even when the lead cap is in place. Do not contact any other portion of the IS4–LLLL lead terminal, other than the terminal pin, even when the lead cap is in place. When implant a system that uses both a DF4–LLHH or DF4–LLHO and IS4–LLLL lead, ensure that the leads are inserted and secured in the appropriate ports. Do not use atrial tracking modes in patients with chronic refractory atrial tachyarrhythmias. Do not use atrial-only modes in patients with heart failure. Left ventricular lead dislodgement to a position near the atria can result in atrial oversensing and left ventricular pacing inhibition. Physicians should use medical discretion when implanting this device in patients who present with slow VT. Advise patients to seek medical guidance before entering environments that could adversely affect the operation of the active implantable medical device, including areas protected by a warning notice that prevents entry by patients who have a pulse generator. RESONATE HF, RESONATE, and MOMENTUM devices except for those with an RA: IS-1; RV: IS-1/DF-1; LV: LV-1 lead connection are considered MR Conditional. VIGILANT devices are considered MR Conditional. For these devices, unless all of the MRI Conditions of Use are met, MRI scanning of the patient does not meet MR Conditional requirements for the implanted system, and significant harm to or death of the patient and/or damage to the implanted system may result. For response set to inhibit therapy the patient should not reapply the magnet.

#### PRECAUTIONS

For specific information on precautions, refer to the following sections of the product labeling: clinical considerations, sterilization and storage, implantation, device programming, environmental and medical therapy hazards, hospital and medical environments, follow up testing, explant and disposal, supplemental precautionary information. Advise patients to avoid sources of EMI because EMI may cause the pulse generator to deliver inappropriate therapy or inhibit appropriate therapy.

#### POTENTIAL ADVERSE EVENTS

Based on the literature and on pulse generator and/or lead implant experience, the following alphabetical list includes the possible adverse events associated with the included devices: Air embolism; Allergic reaction; Bleeding; Bradycardia; Cardiac tamponade; Chronic nerve damage; Component failure; Conductor coil fracture; Death; Electrolyte imbalance/dehydration; Elevated thresholds; Erosion; Excessive fibrotic tissue growth; Extracardiac stimulation (muscle/nerve stimulation); Failure to convert an induced arrhythmia; Fluid accumulation; Foreign body rejection phenomena; Formation of hematomas or seromas; Heart block; Inability to defibrillate or pace; Inappropriate therapy (e.g., shocks and antitachycardia pacing (ATP) where applicable, pacing); Incisional pain; Incomplete lead connection with pulse generator; Infection including endocarditis; Insulating myocardium during defibrillation with internal or external paddles; Lead fracture; Lead insulation breakage or abrasion; Lead perforation; Lead tip deformation and/or breakage; Local tissue reaction; Loss of capture; Myocardial infarction (MI); Myocardial necrosis; Myocardial trauma (e.g., tissue damage, valve damage); Myopotential sensing; Oversensing/undersensing; Pacemaker-mediated tachycardia (PMT); Pericardial rub, effusion; Pneumothorax; Pulse generator migration; Shunting current during defibrillation with internal or external paddles; Syncope; Tachyarrhythmias, which include acceleration of arrhythmias and early, recurrent atrial fibrillation; Thrombosis/thromboemboli; Valve damage; Vasovagal response; Venous occlusion; Venous trauma (e.g., perforation, dissection, erosion); Worsening heart failure.

For a list of potential adverse events associated with MRI scanning, refer to the MRI Technical Guide

Patients may develop psychological intolerance to a pulse generator system and may experience the following: Dependency; Depression; Fear of premature battery depletion; Fear of a device malfunction.

Additionally, potential adverse events associated with the implantation of a coronary venous lead system include: Allergic reaction to contrast media; Breakage/failure of implant instruments; Prolonged exposure to fluoroscopic radiation; Renal failure from contrast media used to visualize coronary veins.

92436222 (Rev. A)

CAUTION: Federal law (USA) restricts this device to sale by or on the order of a physician. Rx only. Prior to use, please see the complete "Directions for Use" for more information on Indications, Contraindications, Warnings, Precautions, Adverse Events, and Operator's Instructions.

#### ICD Systems – RESONATE™ HF, RESONATE™ EL, PERCIVA™ HF, PERCIVA™, VIGILANT™ EL, MOMENTUM™ EL ICD

#### INDICATIONS AND USAGE

Boston Scientific implantable cardioverter defibrillators (ICDs) are intended to provide ventricular antitachycardia pacing (ATP) and ventricular defibrillation for automated treatment of life-threatening ventricular arrhythmias.

#### CONTRAINDICATIONS

Use of these Boston Scientific pulse generators are contraindicated for the following: patients whose ventricular tachyarrhythmias may have reversible cause, such as: digitalis intoxication, electrolyte imbalance, hypoxia, sepsis; or patients whose ventricular tachyarrhythmias have a transient cause, such as: acute myocardial infarction (MI), electrocution, drowning; or patients who have a unipolar pacemaker.

#### WARNINGS

Read this manual thoroughly before implantation to avoid damage to the pulse generator and/or lead. For single patient use only. Do not reuse, reprocess, or resterilize. Always have external defibrillation equipment available during implant and electrophysiologic testing. Ensure that an external defibrillator and medical personnel skilled in CPR are present during post-implant device testing should the patient require external rescue. Do not use this pulse generator with another pulse generator. Program the pulse generator Tachy Mode(s) to Off during implant, explant, or postmortem procedures to avoid inadvertent high voltage shocks. Do not kink, twist, or braid the lead with other leads as doing so could cause lead insulation abrasion damage or conductor damage. For leads that require the use of a Connector Tool, use caution handling the lead terminal when the Connector Tool is not present on the lead. Do not directly contact the lead terminal with any surgical instruments or electrical connections such as PSA (alligator) clips, ECG connections, forceps, hemostats, and clamps. Do not contact any other portion of the DF4–LLHH or DF4–LLHO lead terminal, other than the terminal pin, even when the lead cap is in place. Do not use atrial tracking modes in patients with chronic refractory atrial tachyarrhythmias. Tracking of atrial arrhythmias could result in ventricular tachyarrhythmias. Advise patients to seek medical guidance before entering environments that could adversely affect the operation of the active implantable medical device, including areas protected by a warning notice that prevents entry by patients who have a pulse generator. RESONATE HF, RESONATE, PERCIVA HF, PERCIVA, VIGILANT and MOMENTUM devices are considered MR Conditional. For these devices, unless all of the MRI Conditions of Use are met, MRI scanning of the patient does not meet MR Conditional requirements for the implanted system, and significant harm to or death of the patient and/or damage to the implanted system may result. Do not expose patients with non-MR conditional devices to MRI scanning. For potential adverse events applicable when the Conditions of Use are met or not met, refer to the MRI Technical Guide. Do not subject a patient with an implanted pulse generator and/or lead to diathermy. If desired, ensure that Patient Triggered Monitor is enabled prior to sending the patient home. Once the Patient Triggered Monitor feature has been triggered by the magnet and an EGM has been stored, or after 60 days have elapsed from the day that Store EGM was enabled, the patient should not apply the magnet.

#### PRECAUTIONS

For specific information on precautions, refer to the following sections of the product labeling: clinical considerations, sterilization and storage, implantation, device programming, environmental and medical therapy hazards, hospital and medical environments, home and occupational environments, follow up testing, explant and disposal, supplemental precautionary information.

#### POTENTIAL ADVERSE EVENTS

Based on the literature and on pulse generator and/or lead implant experience, the following alphabetical list includes the possible adverse events associated with the included devices: Air embolism; Allergic reaction; Bleeding; Bradycardia; Cardiac tamponade; Chronic nerve damage; Component failure; Conductor coil fracture; Death; Elevated thresholds; Erosion; Excessive fibrotic tissue growth; Extracardiac stimulation (muscle/nerve stimulation); Failure to convert an induced arrhythmia; Fluid accumulation; Foreign body rejection phenomena; Formation of hematomas or seromas; Heart block; Heart failure following chronic RV apical pacing; Inability to defibrillate or pace; Inappropriate therapy (e.g., shocks and antitachycardia pacing (ATP) where applicable, pacing; Incisional pain; Incomplete lead connection with pulse generator; Infection including endocarditis; Insulating myocardium during defibrillation with internal or external paddles; Lead dislodgment; Lead fracture; Lead insulation breakage or abrasion; Lead perforation; Lead tip deformation and/or breakage; Local tissue reaction; Loss of capture; Myocardial infarction (MI); Myocardial necrosis; Myocardial trauma (e.g., tissue damage, valve damage); Myopotential sensing; Oversensing/undersensing; Pacemaker-mediated tachycardia (PMT); Pericardial rub, effusion; Pneumothorax; Pulse generator migration; Shunting current during defibrillation with internal or external paddles; Syncope; Tachyarrhythmias, which include acceleration of arrhythmias and early, recurrent atrial fibrillation; Thrombosis/thromboemboli; Valve damage; Vasovagal response; Venous occlusion; Venous trauma (e.g., perforation, dissection, erosion); Worsening heart failure.

For a list of potential adverse events associated with MRI scanning, refer to the MRI Technical Guide

Patients may develop psychological intolerance to a pulse generator system and may experience the following: Dependency; Depression; Fear of premature battery depletion; Fear of a device malfunction.

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#### LATITUDE™ NXT Patient Management System

#### INTENDED USE

The LATITUDE™ NXT Patient Management System is intended for use to remotely communicate with a compatible pulse generator from Boston Scientific CRM and transfer data to a central database. The LATITUDE NXT System provides patient data that can be used as part of the clinical evaluation of the patient.

#### CONTRAINDICATIONS

The LATITUDE NXT Patient Management System is contraindicated for use with any implanted device other than a compatible Boston Scientific implanted device. Not all Boston Scientific implanted devices are compatible with the LATITUDE NXT System. For contraindications for use related to the implanted device, refer to the System Guide for the Boston Scientific implanted device being interrogated.

#### PRECAUTIONS

Alerts may appear on the LATITUDE NXT website on a daily basis. Primary notification of alert conditions is through the View Patient List page on the LATITUDE NXT website. The clinician needs to log onto the LATITUDE NXT website in order to receive alerts. Although secondary notification through email and SMS text messages is available, these reminders are dependent on external systems and may be delayed or not occur. The secondary notification feature does not eliminate or reduce the need to check the website. Implanted device data and alerts are typically available for review on the LATITUDE NXT website within 15 minutes of a successful interrogation. However, data uploads may take significantly longer (up to 14 days). If the Communicator is unable to interrogate the implanted device or if the Communicator is unable to contact the LATITUDE NXT server to upload data, up to 14 days may elapse before the LATITUDE NXT server detects these conditions and informs the clinic user that monitoring is not occurring. If both of these conditions occur at the same time, this notification could take up to 28 days. Implanted device data and alert notification may be delayed or not occur at all under various conditions, which include but are not limited to the following: System limitations; the Communicator is unplugged; the Communicator is not able to connect to the LATITUDE NXT server through the configured phone system; the implanted device and the Communicator cannot establish and complete a telemetry session; the Communicator is damaged or malfunctions; the patient is not compliant with prescribed use or is not using the LATITUDE NXT System as described in the patient manual; if subscribed to the LATITUDE Cellular Data Plan, missing two or more payments discontinues the subscription; the clinic user can identify any patients that are not being monitored as described above by using the Not Monitored filter on the View Patient List.

#### ADVERSE EFFECTS:

None known.

#### SYSTEM LIMITATIONS:

The LATITUDE NXT System does not provide continuous real-time monitoring. As a remote monitoring system, the LATITUDE NXT System provides periodic patient monitoring based on clinician configured settings. There are many internal and external factors that can hinder, delay, or prevent acquisition and delivery of implanted device, sensor, and patient information as intended by the clinician. These factors include: implanted device clock; patient environment; cellular data service; telephone system; communicator memory capacity; clinic environment; schedule/configuration changes; or data processing.

92436260 (Rev. A)

CAUTION: Federal law (USA) restricts this device to sale by or on the order of a physician. Rx only. Prior to use, please see the complete "Directions for Use" for more information on Indications, Contraindications, Warnings, Precautions, Adverse Events, and Operator's Instructions.

Workflows, Processes, Proposed Intervention, & Results from HeartLogic Workflows are not necessarily predictive of results in other situations and may vary.

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## Sources

- [Boston Scientific Internal Data. Current as of September 16, 2020.](#)
- <https://www.theheartcenter.md/about-us>. Accessed 9/14/2020