

At Home – Work – Play

Your implanted heart rhythm device is designed to work properly around most appliances and equipment. Keep in mind, people with all types of implanted devices need to be aware that their device can be affected by electromagnetic interference (EMI).



Personal Items

Most things you use at home or work will not cause a problem.

Personal Items		
Safe Under Normal Use ¹	Use Precautions ²	Do Not Use ³
<ul style="list-style-type: none"> • Electric blankets • Electric toothbrushes • Electric razors • Hair dryers • Heating pads • Pagers • Patient alert devices • Personal digital assistants (PDAs; unless used as cell phone; see cell phones) 	<p>Cell phones:</p> <ul style="list-style-type: none"> • Keep 6 inches from device • Keep 12 inches from device if transmits more than 3 watts • Hold phone to ear on the opposite side of body from device • Do not carry phone in breast pocket or belt within 6 inches of device <p>Cordless phones: Safe as long as not placed directly over device</p> <p>Hand-held massagers: Safe as long as not placed directly over device</p>	<ul style="list-style-type: none"> • Body fat measuring scales • Magnetic mattresses or chairs

1. Safe - These items are only considered safe from electromagnetic interference with your device when used normally in accordance with their intended use. Check with your doctor for any additional restrictions that you may have for these items.

2. Use precautions - When you are near any of these items, you should use precautions. Check with your doctor for detailed information before using these items.

3. Do not use - Talk to your doctor.

The table lists a general category of items only. For specific branded items, consult the original manufacturer for any interaction with implantable devices.

The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

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